

# Montreal Kanreikai Karate

4830 St-Charles, Pierrefonds, (Québec) Canada H9H 3E1

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Subject: **YUKAN ULTIMATE KARATE CHAMPIONSHIP**

March 3<sup>rd</sup>, 2008

Dear Shihan, Sensei or Sempai,

Osu! We are pleased to invite you to our annual tournament which will be held on **Saturday, May 3<sup>rd</sup> 2008, at Casgrain Center, John-Abbott College, 21275 Lakeshore road, Ste-Anne-de-Bellevue, Québec** (a 20 minute drive from Montréal downtown).

Kata, weapon kata and semi-knockdown competitions will take place during the day and a Knockdown Championship will be presented in the evening, starting at 7:00pm. **Registration for day participants will start at 8:00am and the competition will begin at 9:30am sharp.** Weigh-in for knockdown fighters will take place on Saturday morning from 9:30am to 11:00am or on Friday evening from 6:00pm to 8:00pm, at the Montreal Kanreikai Karate dojo.

Application fees for the day-competition are **35 \$CAD per participant for one event, plus 5 \$CAD for every additional event.** Given the ever increasing number of competitors and in order to accelerate the registration procedure on the morning of the tournament, we are asking you to submit your application form(s) **no later than April 23<sup>rd</sup> 2008.** An additional fee of 10 \$CAD will be required for any application received after this date.

Please note that **all participants must enroll prior to the day of the tournament and that no application will be accepted on the day of the tournament.** Moreover, **all application fees paid on the day of the tournament will have to be in cash only.**

This year again, there is **no entry fee for knockdown competitors (who must be at least 18 years old).** Moreover, their participation in the championship makes them **eligible for a Grand Prize of 1000 \$CAD** that will be awarded to the winner (1<sup>st</sup> place) of each category.

We are also offering spectator tickets at a discount price. Starting now, and **until April 23<sup>rd</sup> 2008**, you can purchase tickets to attend the **day-competition and the Knockdown Championship in the evening for only 15\$CAD per ticket.**

Enclosed are application forms for the various competitions and all necessary information about the tournament (inscription procedure, categories, rules, directions to John-Abbot College, lodging, etc). We suggest that you make photocopies of the application forms and information relevant to your participating students (and their parents). We also include specific instructions for coaches in order to minimize delays and favor a smooth-running tournament.

As for previous Montreal Kanreikai Karate tournaments, our purpose remains the same: to offer to the numerous participants from Canada, the United States and elsewhere, the opportunity to meet each other and compete in the best possible conditions in front of their parents and friends.

I sincerely hope to welcome you and your students at our upcoming 2008 tournament.

Osu!

Sensei Denis Cordeiro

# **Montreal Kanreikai Karate**

## **YUKAN ULTIMATE KARATE CHAMPIONSHIP**

### **APPLICATION PROCEDURE**

**DAY-COMPETITION and KNOCKDOWN CHAMPIONSHIP – May 3<sup>rd</sup>, 2008**

We strongly advise all participants to apply **no later than April 23<sup>rd</sup> 2008** in order to avoid the 10\$CAD late fees.

#### **Application by mail or fax:**

- You can mail or fax the completed and signed “Individual Application Form” for each participant. Knockdown competitors must enclose their personal information sheet.  
Or
- You can use the enclosed “Group Application Form” which allows you to send us the information about several participants at once, in a fast and succinct manner. Knockdown competitors listed on this “group form” must enclose their personal information sheet.

We invite you to take advantage of **spectator tickets for only 15 \$CAD each** to attend both the day-competition and the Knockdown Championship in the evening. Just complete and return the enclosed coupon, or complete the lower portion of the “group application form” if using the latter.

#### **Mailing address:**

**Montreal Kanreikai Karate,**  
4830 St-Charles, Pierrefonds, QC,  
Canada H9H 3E1.

#### **FAX:**

**(514) 620-8441**

#### **Application by e-mail:**

You can complete the individual or group application forms, the personal information sheets (for knockdown competitors) as well as the purchase coupon for spectator tickets, and e-mail this information to us at: [info@kanreikai.ca](mailto:info@kanreikai.ca)

#### **Payment:**

Application fees and spectator tickets can be paid either by check (by mail) or in cash on the morning of the tournament.

#### **IMPORTANT NOTICE:**

- Please note that each **participant enrolled by means of the “Group Application Form” or by e-mail will need to provide his “Individual Application Form” already completed and signed** on the morning of the tournament in order to insure his participation to the tournament.
- A **parent or legal guardian must sign the “Individual Application Form” for any competitor under 18 years of age** in order to insure his participation to the tournament.

We thank you in advance for your cooperation.

# Montreal Kanreikai Karate

## YUKAN ULTIMATE KARATE CHAMPIONSHIP

### JUDGES

- All sensei and sempai wishing to participate in the tournament as judges will need to wear the appropriate attire (black trousers, black or white shirt) and provide their own whistle.
- Judges will meet with Shihan Manny Matias at 9:15am, before the kata and weapon kata competition. Another meeting will take place before the semi-knockdown competition, in early afternoon (exact time to be specified).
- Knockdown Championship judges will meet with Shihan Manny at 6:30pm.
- We strongly advise all judges to review the enclosed semi-knockdown and/or knockdown rules in force during the tournament.

### CATEGORIES AND SUB-CATEGORIES

For the day-competition, enrolled participants are grouped into pre-established categories according to the type of event (kata, weapon kata, semi-knockdown), their age, belt level, sex and weight (for semi-knockdown) – see enclosed tables of categories. A minimum of two participants per category is required; if only one candidate is enrolled, he will be reclassified or reimbursed. If too many participants are enrolled into the same category, the category will be divided into two or more sub-categories.

During registration, an identification number will be written on the participant's left hand. The category (or sub-category) number for each event in which the participant has registered will be written on his right hand.

During the day-competition, categories (and sub-categories) will be called in increasing numerical order (1, 2, 3, 4-1, 4-2, 5, 6, etc. - see tables of categories). Each category (sub-category) being called will be paired with a letter (A, B, C, D, etc.) identifying the court where the event will take place. The number of the category (or sub-category) will also be displayed in front of the corresponding court.

# **Montreal Kanreikai Karate**

## **YUKAN ULTIMATE KARATE CHAMPIONSHIP**

### **SENSEI AND COACHES**

We are pleased to welcome free of charge all sensei and coaches from the participating dojo. However, we are limiting the number of coaches per dojo to a ratio of **one coach for approximately 10 enrolled participants**. We would like to avoid having too many “coaches” inside the competition area in order not to impede the work of the judges and volunteers nor block the view of parents and friends staying outside this area.

### **Sensei:**

- On arrival, all sensei must go to the “Sensei” table located in the entrance of the College. They will receive the badges and entry tickets for their coaches (according to the ratio of 1 coach for 10 enrolled participants). Every coach will have to wear a badge to have access to the competition area.
- Sensei will be invited (if need be) to pay off their students’ application fees at this table; they will also have the opportunity to ask for any additional information.
- Trophies will be awarded immediately after the completion of the event for each category (sub-category).
- The three winners of each category (sub-category) will then be invited to go to the podium to have their picture taken.
- Drinks and snacks will be on sale from 9:00am to 5:00pm at the Snack Bar located at the entrance of the gymnasium.

### **Coaches:**

The coaches selected by the sensei must take charge of their dojo’s students throughout the day-competition. Their main tasks are as follows:

- Ensure that their students promptly go to the table of the designated court when their category (or sub-category) is called by the announcer – the category (or sub-category) number will be displayed in front of each court;
- Ensure that their students participating in the semi-knockdown competition wear the mandatory protection gear and remain near the court throughout the event;
- Ensure that their students having won one of the three first places go to the podium to have their picture taken immediately after the trophies ceremony;
- Ensure that their students behave in a courteous manner and show sportsmanship;
- Ensure that their students’ parents and friends remain outside the competition area.

# Montreal Kanreikai Karate

## YUKAN ULTIMATE KARATE CHAMPIONSHIP

### DIRECTIVES FOR SEMI-KNOCKDOWN PARTICIPANTS

- **Weigh-in is mandatory for all semi-knockdown participants.** These competitors must complete their registration by reporting to the 'Weigh-in table' (inside the gymnasium) between 8:00am and 11:00am.
- In fairness to our young participants and for their safety, please make sure that the weight of each participant enrolling for the semi-knockdown competition is as exact as possible. Competitors significantly lighter or heavier than most of the participants of their category will be reclassified into another category with the consent of their parents or instructor. If a participant cannot be classified into any category, he will be reimbursed for that event. We therefore urge you to submit all application forms within the allotted time (before April 23rd, 2008) so that we can inform you in advance if a participant has no opponent in his semi-knockdown category. **Please note that too large a discrepancy between a participant's weight on the morning of the tournament and the weight indicated on his application form could lead to his disqualification.**
- Participants in the semi-knockdown competition **must provide the mandatory protective gear** in conformity with the (enclosed) rules in force at the tournament. Chest protectors will be available on the competition site.

### ENTRY FEES FOR SPECTATORS

On the day of the tournament, entry fees for spectators will be as follows:

-10\$CAD for the **day-competition,**

-20\$CAD for the **day-competition and Knockdown Championship** - ticket purchased before noon

-25\$CAD for the **Knockdown Championship** - ticket purchased after noon or at the door.

We are also offering spectator tickets at a discount price. Starting now, and until April 23<sup>rd</sup> 2008, spectators can purchase tickets to attend the **day-competition and the Knockdown Championship** for only 15\$CAD per ticket.

To do so, you can either:

- Complete the "**Purchase Coupon**" (enclosed), or
- Complete the **lower portion of the "Group Application Form"** if using the latter.

# **Montreal Kanreikai Karate**

## **YUKAN ULTIMATE KARATE CHAMPIONSHIP**

**Saturday, May 3rd 2008**

Casgrain Center, John Abbott College, 21275 Lakeshore Rd, Ste-Anne-de-Bellevue, QC,  
Canada

### **PURCHASE COUPON**

#### **SPECTATOR TICKETS AT A DISCOUNT PRICE**

#### **GIVING ACCESS TO THE**

#### **DAY-COMPETITION and KNOCKDOWN CHAMPIONSHIP**

Dojo: \_\_\_\_\_ Instructor: \_\_\_\_\_

Tel: \_\_\_\_\_ E-mail address: \_\_\_\_\_

Number of tickets purchased in advance at 15\$ each: \_\_\_\_\_

Total amount due for the tickets: \_\_\_\_\_ \$

Methods of payment:    - by check (by mail)  
(Please circle)            - in cash (on the day of the tournament)

NB: Entry fees for spectators on the day of the tournament:

- 10 \$CAD for the **day-competition**,
- 20 \$CAD for the **day-competition and Knockdown Championship** - ticket purchased **before 12:00pm**,
- 25 \$CAD for the **Knockdown Championship** - ticket purchased **after 12:00pm or at the door**.

#### **Important Notice:**

We request all spectators, parents and friends to remain outside the competition area at all time in order to facilitate the work of judges and volunteers. Only Sensei and « duly identified coaches » will be allowed inside the competition area.

# **Montreal Kanreikai Karate**

## **Black Belt Kata - Adults Category (morning)**

<b>NO.</b>	<b>AGE</b>	<b>BELTS</b>	<b>SEX</b>
1	18 and over	Black	Men and Women

## **Weapon Kata Categories (morning)**

<b>NO.</b>	<b>AGE</b>	<b>BELTS</b>	<b>SEX</b>
2	12 and under	Green to Black	Boys and Girls
3	13 to 17	Green to Black	Boys and Girls
4	18 and over	Green to Black	Men and Women

## **Kata Categories (morning)**

<b>NO.</b>	<b>AGE</b>	<b>BELT</b>	<b>SEXE</b>
5	6 and under	White to black	Boys and girls
6	7 and 8	White to orange	Boys and girls
7	7 and 8	Green to black	Boys and girls
8	9 and 10	White to orange	Boys and girls
9	9 and 10	Green to black	Boys and girls
10	11 and 12	White to orange	Boys and girls
11	11 and 12	Green to black	Boys and girls
12	13 and 14	White to orange	Boys and girls
13	13 and 14	Green to black	Boys and girls
14	15 to 17	White to orange	Boys and girls
15	15 to 17	Green to black	Boys and girls
16	18 and over	White to blue	Men and women
17	18 and over	Yellow to orange	Men and women
18	18 and over	Green to brown	Men and women

**This year again, all participants 12 years old and under will receive a medal to emphasize their participation, effort and sportsmanship.**

# Montreal Kanreikai Karate

## Semi-knockdown Categories (afternoon)

NO.	AGE	BELT	WEIGHT	SEX
19	5 and under	White to black	---	Boys and Girls
20	6 and 7	White to orange		Boys
21	6 and 7	White to orange		Girls
22	6 and 7	Green to black		Boys
23	6 and 7	Green to black		Girls
24	8 and 9	White to orange	---	Boys
25	8 and 9	White to orange	---	Girls
26	8 and 9	Green to black	---	Boys
27	8 and 9	Green to black	---	Girls
28	10 and 11	White to orange	---	Boys
29	10 and 11	White to orange	---	Girls
30	10 and 11	Green to black	---	Boys
31	10 and 11	Green to black	---	Girls
32	12 and 13	White to orange	---	Boys
33	12 and 13	White to orange	---	Girls
34	12 and 13	Green to black	---	Boys
35	12 and 13	Green to black	---	Girls
36	14 and 15	White to orange	---	Boys
37	14 and 15	White to orange	---	Girls
38	14 and 15	Green to black	---	Boys
39	14 and 15	Green to black	---	Girls
40	16 and 17	White to orange	---	Boys
41	16 and 17	White to orange	---	Girls
42	16 and 17	Green to brown	---	Boys
43	16 and 17	Black	---	Boys
44	16 and 17	Green to black	---	Girls
45	18 and over	White to orange	---	Women
46	18 and over	Green to black	---	Women
47	18 to 34	White to orange	155 lbs and under	Men
48	18 to 34	White to orange	156 to 175 lbs	Men
49	18 to 34	White to orange	176 lbs and over	Men
50	18 to 34	Green to black	155 lbs and under	Men
51	18 to 34	Green to black	156 to 175 lbs	Men
52	18 to 34	Green to black	176 lbs and over	Men
53	35 and over	White to orange	---	Men
54	35 and over	Green to black	---	Men

**This year again, all participants 12 years old and under will receive a medal to emphasize their participation, effort and sportsmanship.**

# **Montreal Kanreikai Karate**

## **YUKAN ULTIMATE KARATE CHAMPIONSHIP**

**Saturday, May 3rd, 2008**

### **APPLICATION FORM - DAY COMPETITION**

**NAME:** \_\_\_\_\_ **DOJO:** \_\_\_\_\_

**FIRST NAME:** \_\_\_\_\_ **DATE OF BIRTH (yr/mo/day):** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_ **CITY:** \_\_\_\_\_ **TEL:** \_\_\_\_\_

**STYLE:** \_\_\_\_\_ **INSTRUCTOR:** \_\_\_\_\_

**SEX:** \_\_\_\_\_ **WEIGHT:** \_\_\_\_\_ lbs \_\_\_\_\_ kg **HEIGHT:** \_\_\_\_\_ **RANK (KYU):** \_\_\_\_\_

**EVENTS (circle):**      **KATA**                      **WEAPON KATA**                      **SEMI-KNOCKDOWN**

**APPLICATION FEES (circle):**    **35\$CAD** (one event)      **40\$CAD** (two events)      **45\$CAD** (three events)

I, the undersigned, do hereby willingly submit my application to participate as a competitor in the **North American Kanreikai Karate Championship 2008** and I do hereby commit myself to abide by the rules in force during this event. I also take on full responsibility for any damage, injury, or other offences that I may sustain or inflict during this karate competition. Finally, I renounce to intent any legal action or claim against the instructors or promoters of this tournament.

I accept that any photo or video taken of me in the context of the tournament could be used for the publicity or promotion of the **World Kanreikai Karate Organization** and, if the occasion should arise, I waive any claim of a monetary compensation. I understand that the money paid (or to be paid) with regard to this tournament is in no case refundable (unless the tournament is cancelled). Lastly, I understand and I accept that, in the event of an injury, the medical assistance I would receive on the tournament site would be limited to first aid care.

I have fully read and understood the content of the present document and I willingly agree to sign this release from liability in order to participate to this karate competition organized by **World Kanreikai Karate**.

Signed in \_\_\_\_\_, on the \_\_\_\_\_ of \_\_\_\_\_ 2008

Participant signature: \_\_\_\_\_ age: \_\_\_\_\_  
(if under 18 years old, parent or guardian)

#### **Reminder:**

**Location:** Casgrain Center, John Abbott College, 21275 Lakeshore Rd, Ste-Anne-de-Bellevue, Québec, Canada

**Registration: 8:00am – 9:00am**

- Pre-established categories according to: type of event, age, belt, sex, weight (semi-knockdown)
- The category (1, 2, 3,...) or sub-category (4-1,4-2,...) number is written on the participant's right hand
- Sequence of events in increasing numerical order of categories (and sub-categories)

**Mandatory weigh-in (semi-knockdown): 8:00am - 11:00am**

- Ensure that the weight (written above) is as exact as possible (to avoid disqualification)
- Become acquainted with the tournament semi-knockdown rules in use
- Provide mandatory protective gear (chest protectors available on site)

**Trophies presentation and official photo of three winners:** after each event

**Kata competition: 9:30am sharp to 12:30pm** (approximately)

**Sequence of kata events:** Adults Black belt Kata – Weapon Kata - Kata

**Semi-knockdown competition: 1:30pm to 5:00pm** (to be confirmed)

**Snack bar:** drinks and snacks on sale in the gymnasium from 9:00am to 5:00pm

**Important:** All spectators must remain outside the competition area in order to facilitate the work of judges and volunteers. Only sensei and « duly identified coaches » will be allowed inside the competition area.

# Montreal Kanreikai Karate

## YUKAN ULTIMATE KARATE CHAMPIONSHIP

### SEMI-KNOCKDOWN RULES

#### 1. SEMI-KNOCKDOWN FIGHT

- A fight involving two opponents who may hit each other with “full contact” as long as they use legal techniques.
- Each fighter must wear the mandatory protection gear that includes shin with instep, fighting gloves, head gear, mouthpiece and groin cup.
- **Young fighters 13 years old and under must also wear a chest protector (supplied on the competition site)**
- **Female fighters older than 13 years old may wear a full chest protector, if desired.**

#### 2. REFEREEING (JUDGES)

- A refereeing team consists of one head judge, two or four corner judges, a timekeeper and a person responsible for keeping the score.
- The head judge takes precedence over the other judges and his decisions are final in all matters, including points allocation, points deduction and fighters disqualification.
- The head judge may nonetheless consult the corner judges and the timekeeper before announcing his decision.

#### 3. COACHES

- Each fighter is allowed one coach who may bring grievances to the head judge.
- The coach of each competitor is the only person who may sit near the fighting area.
- The coach is not allowed to access the fighting area at any time.

#### 4. FIGHT DURATION

- The duration of the first round is 2 minutes (**1 ½ minute for competitors 13 years old and under**).
- The duration of the first extension round is 1 minute.
- The duration of the second and last extension round is also 1 minute.

#### 5. POINTS ALLOCATION

- One point (ippon) is awarded when a fighter knocks down his opponent using any legal technique for three seconds or more; the head judge must count the seconds out loud so that it is obvious to all judges.
- A half point (wazaari) is awarded when a fighter knocks down his opponent using any legal technique for less than three seconds.
- Two wazaari (half points) add up to an ippon (one point).

#### 6. KOUKA

- A kouka is allocated to a fighter for striking his opponent with a clean solid shot (by any legal technique) that reaches its target.
- A kouka is taken into account by each judge when deciding the winner of a fight.

## **SEMI-KNOCKDOWN RULES (continued)**

### **7. HOW TO WIN A SEMI-KNOCKDOWN FIGHT**

- By scoring an ippon against the opponent, i.e., one decisive strike being worth one point.
- By scoring an ippon against the opponent through two wazaari, i.e., two strikes each one being worth half a point.
- When three or more judges determine one fighter as the winner.
- When one fighter is disqualified, the other one automatically wins.
- When one fighter withdraws from the competition, the other one automatically wins.

### **8. GRABBING**

- Attacks and sweeping techniques with momentary grabbing (for half a second) are legal.
- **For fighters less than 18 years old, grabbing is strictly prohibited.**

### **9. HAND OPEN TECHNIQUES**

- It is legal to push the opponent with the palm of the open hand.

### **10. ILLEGAL TECHNIQUES**

- All intentional kicks to the knee joint, such as Gedan Yoko Geri, Kakato Geri and Gedan Mawashi Geri.
- All punches, elbow strikes and head-butt to the face or neck.
- All strikes to the groin.
- A sweeping technique followed up by falling on the opponent with the purpose of causing damage.
- All strikes to the back.
- Escaping the fighting area in order to avoid an opponent (resulting in half a point deduction).
- **For fighters less than 18 years old, all kicks to the face are illegal.**
- **For fighters less than 14 years old, all kicks to the head or face are illegal.**

### **11. WARNINGS**

- The head judge may issue unofficial warnings to the fighters while a fight is in progress.
- An official warning is either a decision by three or more judges or by the head judge alone.
- All official warnings must be entered on the official scoreboard.

### **12. DISQUALIFICATION**

- If a violation occurs:
  - two (2) warnings result in a half a point deduction;
  - four (4) warnings result in the disqualification of the fighter at fault.
- If a violation is clearly intentional, the head judge may impose a half a point deduction or disqualify the fighter at fault immediately.
- If a fighter shows a lack of sportsmanship, the head judge may disqualify him immediately.
- The final decision to disqualify a fighter rests with the head judge.

**IT IS ABSOLUTELY PROHIBITED TO VIDEOTAPE AT ANY TIME DURING THIS TOURNAMENT**



# Montreal Kanreikai Karate

## YUKAN ULTIMATE KARATE CHAMPIONSHIP

Saturday, May 3rd, 2008 at 7:00pm  
APPLICATION FORM - KNOCKDOWN CHAMPIONSHIP

NAME: \_\_\_\_\_ DOJO: \_\_\_\_\_  
FIRST NAME: \_\_\_\_\_ DATE OF BIRTH (yr/mo/day): \_\_\_\_\_  
ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ TEL: \_\_\_\_\_  
STYLE: \_\_\_\_\_ COACH: \_\_\_\_\_  
SEX: \_\_\_\_ WEIGHT: \_\_\_\_\_ lbs \_\_\_\_ kg HEIGHT: \_\_\_\_\_ RANK (KYU): \_\_\_\_\_  
KNOCKDOWN CATEGORY: \_\_\_\_\_

**NB: Montreal Kanreikai Karate reserves the right to withdraw any weight category if the number of registered fighters is insufficient.**

I, the undersigned, do hereby willingly submit my application to participate as a competitor in the **North American Kanreikai Karate Championship 2008** and I do hereby commit myself to abide by the rules in force during this event. I also take on full responsibility for any damage, injury, or offence that I may sustain or inflict during this karate competition. Finally, I renounce to intent any legal action or claim against the instructors or promoters of this tournament.

I accept that any photo or video taken of me in the context of the tournament could be used for the publicity or promotion of the **World Kanreikai Karate Organization** and, if the occasion should arise, I waive any claim of a monetary compensation. I understand that the money paid with regard to this tournament is in no case refundable (unless the tournament is cancelled). Lastly, I understand and I accept that, in the eventuality of an injury, the medical assistance I would receive on the tournament site would be limited to first aid care.

I have fully read and understood the content of the present document and I willingly agree to sign this release from liability in order to participate to this karate competition organized by **World Kanreikai Karate**.

Signed in \_\_\_\_\_, on the \_\_\_\_\_ of \_\_\_\_\_ 2008

Participant signature: \_\_\_\_\_ age: \_\_\_\_\_

### **Reminder:**

- Location:** Casgrain Center, John Abbott College, 21275 Lakeshore Rd, Ste-Anne-de-Bellevue, QC, Canada
- No entry fees**
- Personal information sheet to be completed** (enclosed)
- Become acquainted with tournament Knockdown rules in use** (enclosed)
- Mandatory weigh-in:** **Friday, May 2<sup>nd</sup>, from 6:00pm to 8:00pm** at the **Montreal Kanreikai Karate dojo** at 4830 St-Charles, Pierrefonds, Québec, H9H 3E1  
**or Saturday, May 3<sup>rd</sup>, from 9:30am to 11:00am** at **John Abbott College**
- Time limit to confirm participation:** **11:00am** on Saturday, May 3<sup>rd</sup> (if later, possible refusal of candidate)
- Time limit to show up on competition site:** **6:00pm** - Report to the scoring table and remain on site
- Pre-competition meeting:** **6:30pm**
- Official presentation of fighters:** **7:00pm**
- Beginning of knockdown fights:** **7:15pm**
- Grand Prix de \$1000 pour le gagnant de chaque catégorie**

Categories	Lightweight	Middleweight	Heavyweight
Men 18 and over	160 lbs and under	161 to 180 lbs	181 lbs and over
Women 18 and over	150 lbs and under	-	-

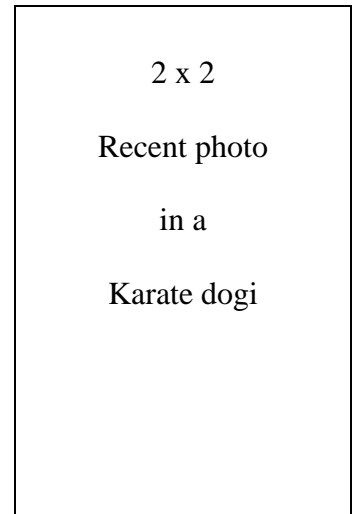
# Montreal Kanreikai Karate

## YUKAN ULTIMATE KARATE CHAMPIONSHIP

Saturday May 3rd, 2008 at 7:00pm

### PERSONAL INFORMATION - KNOCKDOWN PARTICIPANTS

NAME: \_\_\_\_\_  
FIRST NAME: \_\_\_\_\_  
DOJO: \_\_\_\_\_  
STYLE: \_\_\_\_\_  
RANK (KYU): \_\_\_\_\_  
COACH: \_\_\_\_\_  
SEX: \_\_\_\_\_ DATE OF BIRTH (yr/mo/day): \_\_\_\_\_  
HEIGHT: \_\_\_\_\_ WEIGHT: \_\_\_\_\_ lbs \_\_\_\_\_ kg  
KNOCKDOWN CATEGORY: \_\_\_\_\_



**NB:** Montreal Kanreikai Karate reserves the right to withdraw any weight category if the number of registered fighters is insufficient.

City, State/ Province and Country of residence: \_\_\_\_\_

City, State/ Province and Country of birth: \_\_\_\_\_

Training experience: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Competition and fighting experience: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

# Montreal Kanreikai Karate

## CHAMPIONNAT « YUKAN ULTIMATE KARATE »

### KNOCKDOWN CATEGORIES

Categories	Lightweight	Middleweight	Heavyweight
Men 18 and over	160 lbs and under	161 to 180 lbs	181 lbs and over
Women 18 and over	150 lbs and under	-	-

### KNOCKDOWN RULES

#### 1. KNOCKDOWN FIGHT

- A fight involving two opponents who may hit each other with “full contact” as long as they use legal techniques.
- **Each fighter must be at least 18 years old.**

#### 2. REFEREEING (JUDGES)

- A refereeing team consists of one head judge, four corner judges, a timekeeper and a person responsible for keeping the score.
- The head judge takes precedence over the other judges and his decisions are final in all matters, including points allocation, points deduction and fighters disqualification.
- The head judge may nonetheless consult the corner judges and the timekeeper before announcing his decision.

#### 3. COACHES

- Each fighter is allowed one coach who may bring grievances to the head judge.
- The coach of each competitor is the only person who may sit near the fighting area.
- The coach is not allowed to access the fighting area at any time.

#### 4. FIGHT DURATION

- The duration of the first round is 3 minutes.
- The duration of the first extension round is 2 minutes.
- The duration of the second and last extension round is 1 minute.

#### 5. POINTS ALLOCATION

- One point (ippon) is awarded when a fighter knocks down his opponent using any legal technique for three seconds or more; the head judge must count the seconds out loud so that it is obvious to all judges.
- A half point (wazaari) is awarded when a fighter knocks down his opponent using any legal technique for less than three seconds.
- Two half points (wazaari) add up to one point (ippon).

## **KNOCKDOWN CATEGORIES (continued)**

### **6. KOUKA**

- A kouka is allocated to a fighter for striking his opponent with a clean solid shot (by any legal technique) that reaches its target.
- A kouka is taken into account by each judge when deciding the winner of a fight.

### **7. HOW TO WIN A KNOCKDOWN FIGHT**

- By scoring an ippon against the opponent, i.e., one decisive strike being worth one point.
- By scoring an ippon against the opponent through two wazaari, i.e., two strikes each one being worth half a point.
- When three or more judges determine one fighter as the winner.
- When one fighter is disqualified, the other one automatically wins.
- When one fighter withdraws from the competition, the other one automatically wins.
- When, at the end of the second and last extension round, no winner can be determined by the corner judges or according to scored points, the winner is determined as follows: if the difference in weight exceeds 10 lbs (4.5 kg), the lighter fighter wins; if not, a one minute extension round is imposed and the judges determine the winner afterwards.

### **8. GRABBING**

- Attacks and sweeping techniques with momentary grabbing (for half a second) are legal.
- Momentary grabbing (for half a second) of the head or neck is legal.
- Hair grabbing is illegal.

### **9. HAND OPEN TECHNIQUES**

- It is legal to push the opponent with the palm of the open hand.

### **10. ILLEGAL TECHNIQUES**

- All intentional kicks to the knee joint, such as Gedan Yoko Geri, Kakato Geri and Gedan Mawashi Geri.
- All punches, elbow strikes and head-butt to the face or neck.
- All strikes to the groin or to the back.
- A sweeping technique followed up by falling on the opponent with the purpose of causing damage.
- Escaping the fighting area in order to avoid an opponent (resulting in half a point deduction).

### **11. WARNINGS**

- The head judge may issue unofficial warnings to the fighters while a fight is in progress.
- An official warning is either a decision by three or more judges or by the head judge alone.
- All official warnings must be entered on the official scoreboard.

### **12. DISQUALIFICATION**

- If a **violation occurs**, two (2) warnings will result in half a point deduction and four (4) warnings will lead to the disqualification of the fighter at fault.
- If a **violation is clearly intentional**, the head judge may impose a half a point deduction immediately or disqualify the fighter at fault immediately.
- If a fighter shows a lack of sportsmanship, the head judge may disqualify him immediately.
- The final decision to disqualify a fighter rests with the head judge.

**IT IS ABSOLUTELY PROHIBITED TO VIDEOTAPE AT ANY TIME DURING THIS TOURNAMENT**

# Accommodations

## Super 8 Motel

3200 Félix Leclerc,  
Vaudreuil-Dorion, QC J7V 9J5













(450) 424-8898

**Current rates: 85.00\$ CAD + taxes, per room, per night**

- o Double occupancy
- o 2 double size beds
- o TV and phone
- o Bathroom
- o Breakfast included

**Please, make reservations as soon as possible**

### From the USA:











-  5: Take the I-87 ramp toward THRUWAY. 0.2 miles [Map](#)
-  6: Merge onto I-87 N toward ALBANY (Portions toll). 265.6 miles [Map](#)
-  7: I-87 N becomes AUTOROUTE 15 N. 32.9 miles [Map](#)
-  8: Take EXIT 53 toward AUT-15 N/AUT-20 O/AUT-10/PONT CHAMPLAIN/MONTRÉAL/SHERBROOKE/QUÉBEC. 0.1 miles [Map](#)
-  9: Stay STRAIGHT to go onto BOULEVARD MARIE VICTORIN. 0.3 miles [Map](#)
-  10: Take the AUT-10 O/AUT-15 N/AUT-20 O ramp toward PONT CHAMPLAIN/MONTRÉAL. 0.5 miles [Map](#)
-  11: Merge onto AUTOROUTE 15 N. 9.9 miles [Map](#)
-  12: Take the AUT-40 O exit on the LEFT toward AÉROPORT DORVAL/AUT-520/HULL/ OTTAWA. 0.2 miles [Map](#)
-  13: Merge onto AUTOROUTE 40 O/AUTOROUTE TRANSCANADIENNE O. 19.3 miles [Map](#)
-  14: Take the AVENUE SAINT-CHARLES exit- EXIT 35- toward CENTRE-VILLE/VAUDREUIL-SUR-LE-LAC. 0.5 miles [Map](#)
-  15: Turn LEFT onto AVENUE ST CHARLES. 0.3 miles [Map](#)
-  16: Turn right onto Boulevard Cites des Jeunes,  
Turn right again on Felic-Leclerc up to 3200.

## DIRECTIONS TO JOHN ABBOTT COLLEGE

### John Abbott College

21275 Lakeshore Road,  
Sainte-Anne-de-Bellevue, QC

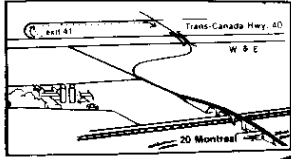
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-  11: Merge onto AUTOROUTE 15 N/AUTOROUTE 20 O. 5.6 miles [Map](#)
-  12: Take the AUT-20 O exit- EXIT 63- toward AÉROPORT DORVAL/TORONTO. 0.8 miles [Map](#)
-  13: Merge onto AUTOROUTE 20 O. 17.4 miles [Map](#)
-  14: Take EXIT 39 toward STE-ANNE-DE-BELLEVUE, THEN TURN LEFT AT THE STOP SIGN.  
GO ALL THE WAY TO THE END, TURN LEFT ON LAKESHORE RD  
21275 Lakeshore Road, Ste Anne De Bellevue

# CASGRAIN CENTER, JOHN ABBOTT COLLEGE

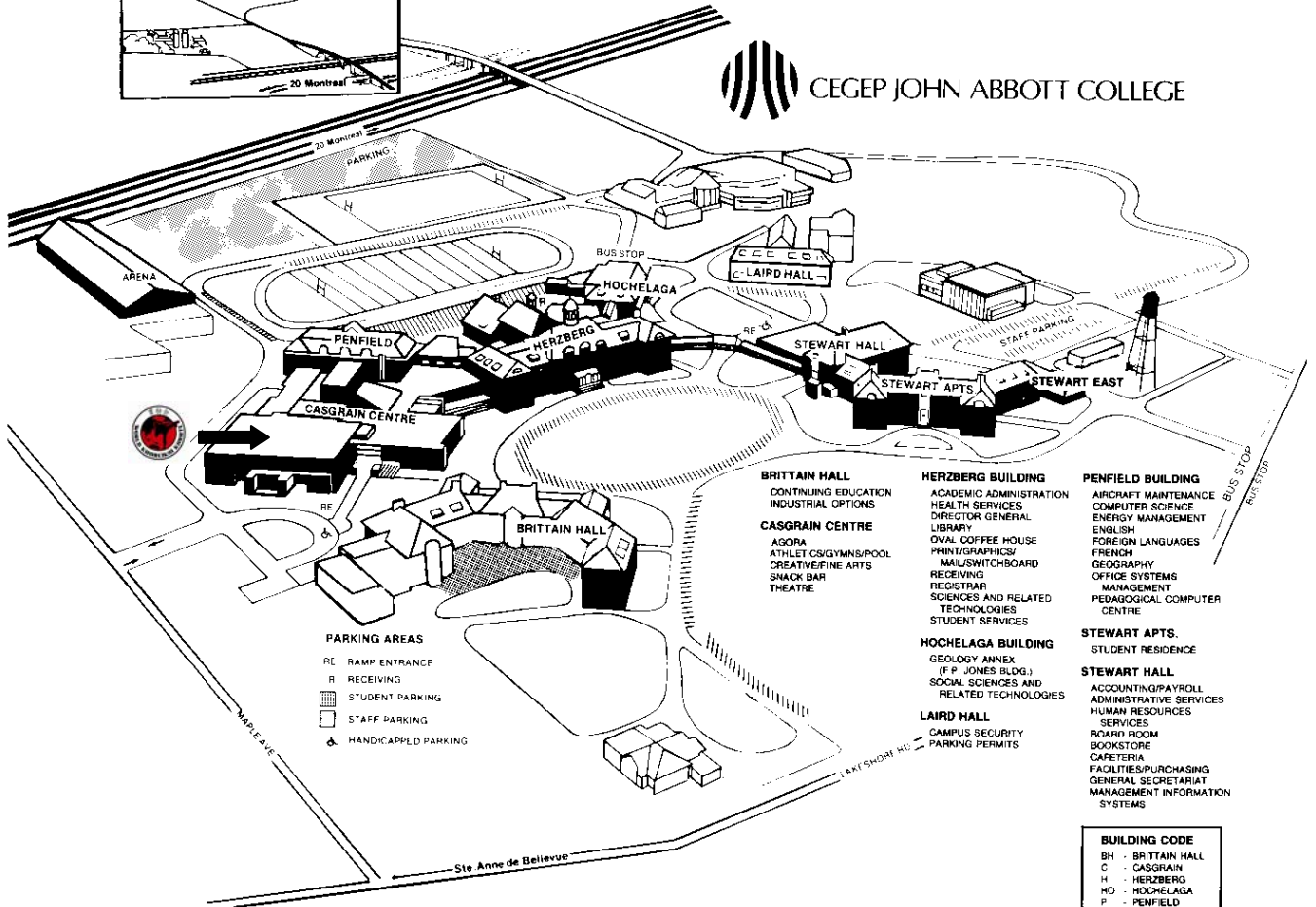
21275 Lakeshore, Ste-Anne-de-Bellevue, Québec

exit 41 Trans-Canada Hiway



CEGEP JOHN ABBOTT COLLEGE

128



- PARKING AREAS**
- RE RAMP ENTRANCE
  - R RECEIVING
  - STUDENT PARKING
  - STAFF PARKING
  - HANDICAPPED PARKING

- BRITTAIN HALL**
- CONTINUING EDUCATION
  - INDUSTRIAL OPTIONS
- CASGRAIN CENTRE**
- AGORA
  - ATHLETICS/GYMNASIUM/POOL
  - CREATIVE/FINE ARTS
  - SNACK BAR
  - THEATRE

- HERZBERG BUILDING**
- ACADEMIC ADMINISTRATION
  - HEALTH SERVICES
  - DIRECTOR GENERAL
  - LIBRARY
  - OVAL COFFEE HOUSE
  - PRINT/GRAPHICS/MAILS/SWITCHBOARD
  - RECEIVING
  - REGISTRAR
  - SCIENCES AND RELATED TECHNOLOGIES
  - STUDENT SERVICES

- HOCHELAGA BUILDING**
- GEOLOGY ANNEX (F. P. JONES BLDG.)
  - SOCIAL SCIENCES AND RELATED TECHNOLOGIES

- LAIRD HALL**
- CAMPUS SECURITY
  - PARKING PERMITS

- PENFIELD BUILDING**
- AIRCRAFT MAINTENANCE
  - COMPUTER SCIENCE
  - ENERGY MANAGEMENT
  - ENGLISH
  - FOREIGN LANGUAGES
  - FRENCH
  - GEOGRAPHY
  - OFFICE SYSTEMS
  - MANAGEMENT
  - PEDAGOGICAL COMPUTER CENTRE

- STEWART APTS.**
- STUDENT RESIDENCE

- STEWART HALL**
- ACCOUNTING/PAYROLL
  - ADMINISTRATIVE SERVICES
  - HUMAN RESOURCES SERVICES
  - BOARD ROOM
  - BOOKSTORE
  - CAFETERIA
  - FACILITIES/PURCHASING
  - GENERAL SECRETARIAT
  - MANAGEMENT INFORMATION SYSTEMS

BUILDING CODE	
BH	BRITTAIN HALL
C	CASGRAIN
H	HERZBERG
HO	HOCHELAGA
P	PENFIELD
SA	STEWART APTS.
SH	STEWART HALL